

**Vegan Menu  
Served all day**



**Please order and  
pay at the counter**

*Coffee, Community, Kindness*

## BREAKFAST

### **Toasted Bagel or Brown Bloomer 2.95**

with dairy free butter and homemade berry compote

### **Toasted Bagel with Peanut Butter & Banana 4.5**

### **Avocado Toast 5.95**

Toasted brown bloomer topped with smashed avocado, homemade tomato salsa and rocket

### **Vegan Pancake Stack 4.95**

Three 4-inch pancakes stacked and drizzled with sweet maple syrup

#### **Load them up with your favourite toppings:**

Peanut Butter 1.75

Coconut Yoghurt 1.5

Homemade Crunchy Granola 1.5

Homemade Berry Compote 1

Banana 1

## BREAKFAST BOWLS

### **Vegan Granola Bowl 5.95**

Coconut Yoghurt topped with homemade crunchy granola, homemade berry compote and sliced banana

### **Very Berry Smoothie Bowl 7.5**

Berries, banana, avocado and apple smoothie topped with sliced kiwi, homemade crunchy granola and mixed omega seeds

### **Peanut Butter Choco Smoothie Bowl 7.5**

Banana, peanut butter, chocolate, & oats topped with coconut, chia seeds, dark chocolate chips and homemade crunchy granola

## JUICES, SMOOTHIES & SHOTS

Super Berry Smoothie 4.95

Great Greens Smoothie 4.95

Banana Blitz Smoothie 4.95 (ask for oat or soy milk)

Beets n Berries Smoothie 4.95

Bring Me Sunshine Smoothie 4.95

Ginger Shot 2.65

*freshly juiced zingy apple & ginger*

Orange Juice 2.95

Apple Juice 2.95

## TAKE OUT LUNCH DEAL

### **Sandwich and Drink 5.95**

Choose any of our pre-made sandwiches from the counter with a filter coffee, latte, iced latte, cappuccino or tea

Upgrade to large drink +1 / Take Away only

## CAKES & TREATS

See our cake counter for today's range of vegan cakes, all homemade in our bakery (some are also gluten free)

**Take away cake box £9.95 for 4 slices  
(selected cakes only, please ask our team)**

## BAGELS & SANDWICHES

Fabulously filled sandwiches served with our homemade rainbow slaw.

### **Vegan Avo & Cheese Bagel 6.95**

Vegan cheese, sliced avocado, tomato, rocket and vegan mayo.

*Gluten free bagel available*

### **Vegan Club 6.95**

Toasted brown bloomer triple stack filled with beetroot hummus, grated carrot, tomato, cucumber, red onion, roasted sweet potato, beetroot & mint sauce

### **Vegan Cheese & Tomato Salsa Ciabatta 6.95**

Vegan cheese, homemade salsa, rocket & mayo **try adding avocado**

*Gluten free ciabatta available*

### **Falafel & Beetroot Hummus Bagel 6.95**

Falafel, beetroot hummus, grated carrot, tomato, rocket & sweet chilli

### **Vegan Egg Mayo Ciabatta 6.95**

Homemade vegan tofu based 'egg' mayo with rocket in a white ciabatta

### **Vegan Cheese & Tomato Toastie 5.95** (with a bowl of soup 8.95)

## HOMEMADE SOUP

### **Homemade Soup of the Day (vg) 5.5**

served with brown bread and dairy free butter

### **Add soup to your sandwich or salad 3.00**

## SUPER SALADS

### **Falafel & Hummus Rainbow Salad 6.95**

Lightly spiced falafel balls with homemade beetroot hummus, grated carrot, cucumber, baby gem lettuce, sweet chilli and seeds

### **Homemade Herby Potato Salad (vg) 2.95**

Baby potatoes dressed in a zingy lemon-mayo with parsley and mint

### **Homemade Rainbow Slaw (vg) 2.95**

Red cabbage, red onion and carrot in a light mayo dressing

## SIDES & ADD ONS

Avocado 2

Falafel (x3) 1.5

Vegan Cheese 1.5

Homemade Vegan Moroccan Spiced Mango Chutney Roll 2.95

Homemade Herby Potato Salad 2.95

Crunchy Rainbow Slaw 2.95

*Please speak to one of our friendly team before ordering if  
you have any allergies or dietary requirements*